Amalgam (Mercury Fillings): The Great Dangers

Scientifically Proven Facts
About Dental Amalgam (Mercury Fillings)

(Numbers in brackets refer to references at the bottom of this article)

- Dental Amalgam contains about 50% Mercury.
- Mercury has been scientifically demonstrated to be more toxic than Lead, Cadmium or even Arsenic.
- Mercury leaves dental amalgam continuously throughout the lifetime of the filling.
- Mercury vapour is the main way that mercury comes out of amalgam. (31)
- Mercury vapour is absorbed at a rate of 80% through the lungs into the arterial blood (31, 55)
- Mercury kills cells.
- There is NO harmless level of Mercury Vapour Exposure (63)
- Mercury from mercury fillings binds to sulphhydril groups. These exist in almost every enzymatic process in the body. Mercury from amalgam has the potential to disturb all metabolic processes (25, 33, 60)
- Mercury from amalgam is transported freely via the blood (19, 34, 35).
- Mercury vapour is absorbed directly into the brain (34, 55a)
- Mercury from amalgam will result in a slow build up of mercury in body tissues (20, 26, 34)
- Mercury crosses the blood brain barrier (34, 55a)
- Mercury is implicated in Alzheimer's Disease (67, 68)
- Mercury from amalgam will result in a slow build up of mercury in body tissues (20, 61) (Could this be part of the reason for children getting cancer?)
- Mercury from amalgam is stored in the breast milk and the foetus up to 8 times more than the mother's tissues (18, 19)
- Mercury crosses the placenta (18, 31)
- Mercury crosses into breast milk (18, 31, 61)
- Mercury will severely reduce reproductive function (2, 3, 4, 20, 22, 24, 31, 37, 38, 39, 40, 41, 49)
- Mercury rapidly depletes the immune system (27, 34, 35, 42, 43, 44, 45, 46, 47, 48, 60)
- Mercury will induce a number of Auto Immune Diseases (27, 34, 35, 42, 43, 44, 60)
- Mercury will cause an increase in number and severity of all allergies (1, 34, 60)
- Mercury from amalgam is stored principally in the kidneys, liver and brain (1, 20, 31)
- Mercury from amalgam causes kidney damage (shown in animal experiments) (59)
- Mercury from amalgam causes a 50% reduction in Kidney filtration, as shown in a study of sheep after amalgam placement (59)
- After chewing, Mercury vapour levels will remain raised for at least another 90 minutes (1, 15, 16, 18, 47)
- Mercury from amalgam will migrate through the tooth (25, 27, 30)
- This rate of migration is increased if a gold crown is placed over a tooth filled with amalgam (27, 30)
- Teeth are living tissues and are a part of our bodies.
- Teeth have a massive communication via blood, lymph and nerves with the rest of the body (34)
- Mercury from amalgam is absorbed into the body at a rate of 3 to 17 mcg / day (WHO 1991 Criteria 118)
- Mercury is transported along nerve fibres (33,34, 50)
- Mercury form amalgam may be stored in every cell in the body. Each area affected will produce its own set of symptoms (See "The Real Causes of Pain & Disease ")
- Mercury binds to haemoglobin in the red blood cell thus reducing oxygen carrying capacity (1, 16, 17, 21, 26, 35)
- Mercury damages blood vessels, thereby reducing blood supply to the tissues (34)
- Amalgam fillings produce electrical currents which are no doubt injurious to health. These currents are measurable in Micro Amps. The Central Nervous System and Brain operate in the range of Nano-Amps, which are 1,000 times less than a Micro Amp (28)
- Dissimilar metals in the mouth, such as gold and amalgam, produce higher electrical currents (19, 30)
- Brain levels of mercury are in a direct linear proportion to the number of surfaces of amalgam fillings in the mouth (1,19, 25)
- Mercury will cause single strand breaks in DNA (41,42)
- Mercury levels in the blood can NOT be assessed by blood or urine levels (26)
- Dental personnel are severely affected by exposure to mercury (3,13, 49)

**MERCURY IS POISONOUS! MERCURY FILLINGS ARE POISONOUS!**

There is NO safe form of mercury in living tissue.

**NOTE:** Mercury is one component of vaccinations.

**More Information:**

**FDA "Backs Down" over Deadly Mercury Amalgam**

www.bolenreport.net/feature_articles/feature_article053.htm

**Hal Huggins, DDS, MS** www.hugnet.com

**Environment News Service: Article and Links on Mercury Amalgam by Jackie Giuliano Ph.D.**

**Speech to the Multiple Sclerosis (MS) Society** by a former MS sufferer

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