

# Sunshine Heroes Multiple Vitamin & Mineral

90 Soft Chews, Children's dietary supplement, Stock No. 3341-6

Also available in a trial pack containing 60 Soft Chews

(30 individual packets containing 2 gummies each), Stock No. 3348-2

Nature's Sunshine Heroes products have been designed especially for children. For optimal health, children need a balanced and healthy diet that provides essential nutrients to support physical and cognitive development.

Getting your kids to eat properly might be a struggle, but you'll never have to beg them to take their Sunshine Heroes! Kids go wild over these fantastic-tasting soft gummies. Kids love their taste. Moms love that Sunshine Heroes Multiple Vitamin & Mineral gummies provide the essential vitamins and minerals to supplement a child's diet and to ensure that these important nutrients are not missed.

The Sunshine Heroes line is free from the common allergens wheat, soy and milk and does not contain any artificial colours, flavours, sweeteners, starches or preservatives.

## *Did you know?*

Most authorities would agree that children eating the typical Western diet are likely to encounter vitamin and mineral deficiencies at some point in their lives. Pediatricians recommend regular, well-balanced meals with lots of fresh, whole foods, and a daily multiple vitamin and mineral supplement for children who are picky eaters; children with high activity levels; children who eat a lot of fast food and processed foods; and children who eat vegetarian, dairy-free or other restricted diets. A multiple vitamin and mineral supplement is also recommended for children who may drink a lot of carbonated sodas, which can leach nutrients from the body.

## *NSP Advantage*

90 Soft Chews in a "gummie" format.  
Children's Dietary Supplement.

Sunshine Heroes Multiple Vitamin and Mineral contains the Protector Shield™ Blend—a whole food blend of 17 fruits and vegetables (mangosteen fruit; cranberry fruit; broccoli flower; spinach leaves and stems; asparagus stems; carrot root; tomato fruit; açai fruit; pomegranate fruit extract; white grape, apple, pear, orange, pineapple, cherry, strawberry and blueberry fruit juice concentrates). These fruits and vegetables provide powerful phytochemical nutrients and antioxidants. The Protector Shield Blend also provides choline, inositol and 10 amino acids—essential nutrients for healthy brain development and cell communication for growing children.

*Ingredients:* Each Soft Chew contains: Vitamin A (palmitate) 625 IU (188 RAE), Vitamin B6 (pyridoxine hydrochloride) 0.25 mg, Vitamin B12 (cyanocobalamin) 0.75 mcg, Biotin 37.5 mcg, Vitamin C (ascorbic acid) 15 mg, Vitamin D 3 (cholecalciferol) 100 IU (2.5 mcg), Vitamin E (d-alpha tocopheryl acetate) 3.75 IU (2.5 mg AT), Folate (Folic acid) 50 mcg, Pantothenic acid (Calcium-d-pantothenate) 1.25 mg, Calcium (citrate) 5 mg, Iodine (potassium iodide) 8.75 mcg, Magnesium (citrate) 1.25 mg, Zinc (citrate) 2 mg, Choline (bitartrate) 0.5 mg, Inositol 0.5 mg, Amino acid blend (L-lysine, L-valine, L-isoleucine, L-threonine, L-phenylalanine, L-arginine, L-cysteine, L-methionine, L-tyrosine) 3 mg.

Non-medicinal ingredients: Organic tapioca syrup, organic evaporated cane juice, organic tapioca syrup solids, water, pectin, proprietary flavour blend

# Sunshine Heroes

## Multiple Vitamin & Mineral (continued)

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(white grape, apple, pear, orange, pineapple, cherry, strawberry, and blueberry fruit juice concentrates; mangosteen and cranberry fruit powders; asparagus stem, broccoli flower, carrot root, spinach leaves and stems, and tomato fruit powders; acai fruit concentrate and pomegranate fruit extract), citric acid, colours added (black carrot juice concentrate, purple berry concentrate, annatto), natural flavours (orange, strawberry and cherry), sodium citrate, antisticking agent (organic sunflower oil, carnauba wax), L-Leucine.

*Recommendation:* (Children >3 years): Chew up to four Soft Chews per day. Chew thoroughly before swallowing.

### **Risk Information:**

Cautions and Warnings: Keep in a cool, dry place, out of reach of children.

Known Adverse Reaction: Zinc supplementation can cause a copper deficiency.

## Features & Benefits

- Multi-vitamin/mineral supplement for the maintenance of good health. Provides 13 essential vitamins and minerals, 10 amino acids, plus choline and inositol.
- Promotes proper growth and development.
- Helps prevent deficiency disease.
- Contains a proprietary blend of whole foods, fruit juice concentrates and micronutrients, supplying health-protective antioxidants and phytochemical nutrients.
- Vitamin C is a factor in the maintenance of good health and in the normal development and maintenance of bones, cartilage, teeth and gums.
- Vitamin D is essential to the proper utilization of calcium and is a factor in the normal development of bones and teeth.