

# Sunshine Heroes Whole Foods Papayazyme

90 Chewable Tablets, Children's digestive supplement, Stock No. 3345-3

Nature's Sunshine Heroes products have been designed especially for children. Digestive enzymes are essential to proper digestion. They are made by the body but are also obtained through the diet. Fruits and vegetables provide good sources of dietary enzymes. Unfortunately, cooking often destroys these enzymes. Like their parents, most children do not eat enough raw foods and can therefore benefit from digestive enzyme supplementation.

The Sunshine Heroes line is free from the common allergens wheat, soy and milk and does not contain any artificial colours, flavours, sweeteners, starches or preservatives.

## *Did you know?*

Digestive enzymes are protein complexes that are essential for food digestion. They break foods into nutrients that can be absorbed and used to build all body systems, including cells, tissues, organs, glands and hormones. There are three main categories of digestive enzymes: proteolytic enzymes (digest protein), amylases (digest carbohydrates) and lipases (digest fat).

## *NSP Advantage*

90 Chewable Tablets. Sunshine Heroes Whole Foods Papayazyme combines pineapple and papaya fruits—whole food sources of digestive enzymes—and is fortified with additional digestive enzymes, including proteolytic amylase for healthy digestion of most food types. Whole Foods Papayazyme

provides digestive enzymes at levels that are safe for chewing and gentle enough for children.

It also contains the Protector Shield™ Blend—a whole food blend of 17 fruits and vegetables (mangosteen fruit; cranberry fruit; broccoli flower; spinach leaves and stems; asparagus stems; carrot root; tomato fruit; açai fruit; pomegranate fruit extract; white grape, apple, pear, orange, pineapple, cherry, strawberry and blueberry fruit juice concentrates). These fruits and vegetables provide powerful phytochemical nutrients and antioxidants. The Protector Shield Blend also provides choline, inositol and 10 amino acids—essential nutrients for healthy brain development and cell communication for growing children.

**Ingredients:** Each tablet contains: Bromelain 24 MCU, Alpha-amylase 28 U, Papain 20,000 FCC, Choline (bitartrate) 0.75 mg, Inositol 0.75 mg, Amino acid blend (L-lysine, L-valine, L-isoleucine, L-threonine, L-phenylalanine, L-arginine, L-cysteine, L-methionine, L-tyrosine) 3 mg. Non-medicinal ingredients: Crystalline sorbitol, papaya fruit concentrate, pineapple juice concentrate, xylitol, fructose, proprietary flavour blend (white grape, apple, pear, orange, pineapple, cherry, strawberry, and blueberry fruit juice concentrates; mangosteen and cranberry fruit powders; asparagus stem, broccoli flower, carrot root, spinach leaves and stems, and tomato fruit powders; açai fruit concentrate and pomegranate fruit extract), stearic acid, natural peach flavour, magnesium stearate, natural tropical fruit flavours, L-Leucine.

**Recommendation:** Children 2-3 years: Chew one tablet before meals. Children 4 years and older: Chew two tablets before meals. Chew thoroughly before swallowing.

**Cautions and Warnings:** Keep in a cool, dry place, out of reach of children.

## Features & Benefits

- Supports the digestive system.
- Provides enzymes to help digest proteins, carbohydrates and fats.
- Papaya is the source of an enzyme called papain, which breaks down protein and assists in the digestion of fats and carbohydrates.