

Sunshine Heroes Probiotic Power

90 Chewable Tablets, Children's probiotic supplement, Stock No. 3346-7

Nature's Sunshine Heroes products have been designed especially for children. Sunshine Heroes Probiotic Power provides children with the friendly bacteria essential for intestinal health. This good bacteria is easily destroyed by antibiotics and poor diet, leaving children susceptible to overgrowth of "bad" bacteria and parasites in the colon.

Probiotics, commonly called "friendly bacteria", are live microorganisms that exert many beneficial health effects. They provide essential functions in the body and help maintain our overall health. But factors such as stress, environmental conditions, poor diet or use of antibiotics can affect the natural balance of these friendly microbes.

Sunshine Heroes Probiotic Power contains 11 strains of beneficial organisms for promotion of gut health and immune functions. This product is recommended to populate the intestinal tract with a variety of beneficial microorganisms that may be removed during times of intestinal stress or due to use of antibiotics.

The Sunshine Heroes line is free from the common allergens wheat, soy and milk and does not contain any artificial colours, flavours, sweeteners, starches or preservatives.

Did you know?

Children born through normal vaginal birth obtain specific bacteria from the mother's vagina. The most abundant strain is known as *Bifidobacteria infantis*, comprising nearly 99% of all bacteria in a baby's large intestine. It is estimated that over 400 different types of normal flora inhabit the human gastrointestinal and genitourinary tracts.

Several studies have shown benefits for

children taking probiotic supplements:

- children aged 1 to 6 years old who were given milk containing *Lactobacillus rhamnosus* missed fewer days of day care than their peers not receiving the probiotic;
- healthy intestinal bacterial colonization may reduce the risk of food allergies in infants;
- probiotics aid digestion.

NSP Advantage

90 Chewable Tablets in two different flavours (berry and citrus). Sunshine Heroes Probiotic Power provides the broadest spectrum of beneficial bacteria of any children's probiotic on the market. It also contains the Protector Shield™ Blend—a whole food blend of 17 fruits and vegetables (mangosteen fruit; cranberry fruit; broccoli flower; spinach leaves and stems; asparagus stems; carrot root; tomato fruit; açai fruit; pomegranate fruit extract; white grape, apple, pear, orange, pineapple, cherry, strawberry and blueberry fruit juice concentrates). These fruits and vegetables provide powerful phytochemical nutrients and antioxidants. The Protector Shield Blend also provides choline, inositol and 10 amino acids—essential nutrients for healthy brain development and cell communication for growing children.

Ingredients: Medicinal Ingredients: Each tablet contains: Probiotic Blend 800 million CFU (*Lactobacillus rhamnosus* 133 million; *Bifidobacterium bifidum* 100 million; *L. acidophilus* 100 million; *L. brevis* 100 million; *L. plantarum* 100 million; *B. infantis* 67 million; *B. longum* 67 million; *L. casei* 67 million; *L. salivarius* 67 million), Choline (bitartrate) 1.5 mg, Inositol 1.5 mg Amino acid blend (L-lysine, L-valine, L-isoleucine, L-threonine, L-phenylalanine, L-arginine, L-cysteine, L-methionine, L-tyrosine) / Mélange d'acides

Sunshine Heroes Probiotic Power (cont'd)

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aminés (L-lysine, L-valine, L-isoleucine, L-thréonine, L-phénylalanine, L-arginine, L-cystéine, L-méthionine, L-tyrosine) 8.2 mg.

Non-medicinal ingredients: Crystalline sorbitol, mannitol, natural orange flavour (citrus flavour tablet only), xylitol, proprietary flavour blend (white grape, apple, pear, orange, pineapple, cherry, strawberry, and blueberry fruit juice concentrates; mango and cranberry fruit powders; asparagus stem, broccoli flower, carrot root, spinach leaves and stems, and tomato fruit powders; acai fruit concentrate and pomegranate fruit extract), fructooligosaccharides (FOS), fructose, natural blueberry, raspberry and strawberry flavours (berry flavour tablet only), stearic acid, colour added (beet powder,

berry flavour tablet only), magnesium stearate (vegetable source), L-Leucine, *Lactobacillus bulgaricus*, *Streptococcus thermophilus*.

NOTE: Due to a labelling requirement from Health Canada, *L. bulgaricus* and *S. thermophilus* are listed in the non-medicinal ingredients. They are in fact two of the 11 active species of probiotics in this formulation.

Recommendation: (Children 2-3 years) Chew one tablet daily with a meal. Children 4 years and older: Chew two tablets daily with a meal. Chew thoroughly before swallowing.

Cautions and Warnings: Keep in a cool, dry place, out of reach of children.

Features & Benefits

- Overall intestinal health formula, safe to take day in and day out as long as you want.
- Promotes proper digestion and elimination.
- Fights diarrhea and helps reduce the risk of developing diarrhea.
- Helps production of the B-complex vitamins and vitamin K in the intestinal tract.
- Increases immunity against harmful infectious bacteria.
- May help alleviate minor intolerance to lactose.