

The Lupus Cause

There is no such a thing as a single cause of any health problem. We can only talk about cofactors, causative agents and life situations that like pieces of puzzle interact with each other, and together promote a chain of events ending with a named set of symptoms and health problems & with Lupus.

All disorders and health problems that happen to humans are multidimensional, because we, humans are multidimensional.

Modern medical science is mainly interested in physical and tangible world. It blames too many problems on bad genes, bad viruses, bad bacteria, ...

Genes are always a factor of our health, but that is the only factor we can't do anything about. Genes only represent our predisposition & potential to encounter certain problem or disease. **It is our life and our lifestyle as whole that makes the final decision on whether we are going to experience certain problem or not.** The truth is, no illness and no disorder or any health problem is caused by a single factor!

There are virtually hundreds of cofactors / hundreds of causative agents that each have casual relationship to poor immunity, poor health, accumulation of toxins inside body, poor thoughts, and that promotes illness!

Pregnancy: Many people were predisposed to certain illness before they were even born. Fetus can be affected by diet and lifestyle of parents, toxins that parents were exposed to, illness and organ damage that parents experienced, as well as the lack of essential nutrients needed for healthy development during pregnancy. Vaccinations, medications, drugs, narcotics, and other toxins that parents and grandparents were exposed to, before conception and during pregnancy can also seriously affect fetus and the health of a newborn child.

Birth Trauma: The process of labor can cause trauma, which can seriously affect baby both early in life and later in life. Child is twice as likely to suffer serious damage if labor lasts longer than 13hrs.

Birth Defects: If child is borne with a certain disorder or illness, then look for the causative agents and causes in parents. It can be: lifestyle, environment, **vaccination, toxins, stress & unpleasant life experiences, poor diet**

Childhood: In case of any health problems encountered during early childhood, most common causative agents and causative cofactors are: **birth trauma, exposure to medications, vaccination, toxins, child was fed with artificial milk, intolerance or allergy to mother's milk, toxic environment, toxins present in air or food and water that mother is consuming.**

Health problems encountered later in life: most common cofactors and causative agents affecting health of a modern man are: **medications, birth trauma, vaccination, toxins, stress & unpleasant life experiences, poor mental health, poor attitude, poor lifestyle, poor diet, exposure** to certain viruses, bacteria, yeast, parasitic animals.

That doesn't mean that every single person is exposed to the same causative agents. Different people can be diagnosed with the same illness, but still have the entirely different set of cofactors causing that same illness. Every person is different! Every individual lives different life!

Beware that we are only able to recognize the "largest" and most common **pieces** of this "puzzle" called "**the cause of illness**", while some "**smaller pieces**" are often unrecognizable.

Our body, our mind, our soul and our spirit are one with our environment. Anything that disturbs balance inside our body, mind, soul and spirit, or our relationship with the environment may promote an illness.

Common underlying causative agents of almost every illness of modern man are:

- **birth trauma:** during difficult or prolonged birth, physical trauma may result in fine tearing of the tissues inside baby's abdomen. Birth trauma may also result in misalignments of the cranial bones, misalignment of the spinal bones and misalignment of the hip bones, causing pain and digestion problems during the first months of baby's life. Those problems may affect baby's health immediately or later, affecting digestion, elimination, immunity, endocrine system, concentration, learning ability. In 98 out of 100 kids, symptoms of **birth trauma** are not recognized or diagnosed,

leading to a common childhood illness and commonly treatment with antibiotics or other medications. Exposure to medications early in baby's life is sure factor that will contribute to almost every illness later in life. Many of the problems caused by **birth trauma** can be corrected by visiting **experienced osteopath** or experienced manual therapist specialized for treating babies.

- **exposure to toxins, vaccination, medications and lack of body contact.** Exposure to toxins, medications or vaccination during the first few weeks or first few months of baby's life may contribute and may cause serious health problems in childhood and later in life.
 - One out of 100 non-vaccinated people may develop cancer later in life, while one out of 4 or 5 vaccinated will develop cancer later in life.
 - One out of 100 non-vaccinated people may develop arthritis later in life, while one out of 5 vaccinated will develop arthritis later in life.
 - One out of 15.000 non-vaccinated kids may develop autism, while one out of 150 vaccinated will develop autism. [References](#)

Those statistics show how much we are affected by the miracle of [vaccination](#).

- [poor dietary choices and nutritional deficiency](#) - diet rich in processed foods and deficient on essential nutrients is affecting biochemical processes inside our cells. It is also affecting digestion and preventing internal natural detoxification ... read [Foods That Kill page!](#)
- mental attitude, stress, suppression, negative thoughts, fear, lack of love, lack joy, lack desire to live.
- Lack of: physical activity, sweating, moving, sex, laugh...

Combination of those factors is the underlying cause of almost every illness, because those are the factors that are causing congestion of the ducts and vessels of circulation and elimination, such as the **bile ducts** of the liver, the **digestive tract**, the **blood and lymph vessels**, the **urinary tract**, the **meridians (Chi ducts)** and the **hormonal pathways** (endocrine system).

Congestion of the ducts and vessels of circulation and elimination includes:

1. [Obstruction of the bile ducts inside liver by hundreds and thousands of intrahepatic stones](#) -- the main cause of almost every chronic illness
2. Thickening of blood vessel walls (capillaries and arteries) with excessive protein, leading to chronic health problems such as heart disease, strokes, diabetes, brain disorders, arthritis, cancers, etc.
3. Waste accumulation in the [gastro-intestinal tract, affecting the health of every cell](#) in the body, and indicated in almost every disorder and emotional/spiritual problem
4. Lymphatic congestion, also indicated in every health problem, including weight gain, heart disease, arthritis, diabetes, cancer, Alzheimer's, hormonal issues, reproductive disorders, etc.
5. Energetic blocks in the body's meridian network and chakra system, affecting all organs and system in the body

Whenever congestion & toxemia exceeds one's capacity to handle it, you will definitely have a disease.

What kind of illness you may develop depends on:

- the type of vaccines, medications, trauma & toxins you were exposed to.
- level of liver damage caused by the exposure to toxins & medications
- the type of parasites, virus, yeast or bacteria that may live inside of you
- your total diapason and intensity of the nutritional imbalance
- your genetic material (inherited strength of your body - your constitution)
 - your blood type (A,B,AB,O)
 - your inherent capacity to handle different toxins
 - your inherent capacity to handle different lack of essential nutrients

- your psychological and mental strength
- others
- your age & gender
- your thoughts (your psychological and mental make up)
- your environment and exposure to environmental stressors like radiation
- lack of love and touch
- professional injuries
- eventual past and present injuries and infections
- others

Congestion and toxemia may cause or may be followed by:

1. **Formation of Intrahepatic Stones, Gallstones, poor liver function, poor bowel function**
2. **Poor digestion** - Incomplete digestion may cause poor absorption of essential nutrients, and poorly digested food may contain toxic substances that our intestines absorb into our blood, lymph and tissues.
3. **Infection by internal parasitic animals - PARASITES (protozoa, amoebae, worms,...)**
4. Infection by parasitic yeasts, viruses bacteria
5. Overuse of medical drugs
6. Others (every person has different set of cofactors)

By applying the most basic guidelines of cleansing the entire body, eating nutritiously and living in harmony with nature's laws, you can take complete charge of your health.
On this page, you have the opportunity to find out how!

About Body-Mind, Soul and Spirit.

"Many of our life problems (health, marriage, problems of materialistic nature, business, problems with children, diseases from dependence) have connections with a family in which we live, with a family in which we grew up as well as family from which our parents derived.

We receive from our ancestors not only the color of our hair or tendency toward epilepsy, or heart diseases, but also a variety of psychological stresses, traumas and pains among which many are on the level of secrecy. Since long ago people have experienced one feeling, which they transformed into saying "". **when grandparents eat sour grapes the grandchildren's teeth turn numb**

Person suffering chronic illness, often comes from a family where there are many **"unfinished businesses"** in the past.

Fore example: Family who's members have serious emotional problems, serious conflicts within members going on, or just a lot of feeling of **guilt, fear** and **resentment**. Sometimes, those conflicts and entangling are on **unconscious** level, and person is not aware of it. If those conflicts and problems are not addressed, health, if achieved, is just an illusion, short term experience.

MOST SERIOUS HEALTH PROBLEMS comes from difficult relationship between people.

But, for most people, dealing with those problems is not easy. Being married with **"wrong"** person, being divorced, being unable to communicate with your kids is not easy. Takes long time to learn, to adjust, to forgive, to tolerate,...

Unfortunately, people who need changes the most, those who are seriously ill, are just too ill to realize it. Most sick people are just too sick to even try simple and easy things like [water cure](#), [liver cleanse](#), [juicing](#), [lemonade diet](#)....

Family and **Subconscious** plays a big part in our health. When we are talking about subconscious, we are talking about past.

"Beside the color of our eyes or tendency toward epilepsy, from our ancestors we inherit various kinds of feelings, tragedies, traumas, tempers, tresses, misfortunes. We also inherit the terror and fear of living in poverty (nevertheless of our temporary status)."

"Families have numerous levels on which they exist and on which they function in the same way as each of us individually. There is a difference between the visible (so called manifesting) level of family's relationship and the level of hidden feelings, games and positions (so called latent level). The pathological balance frequently exists on exactly this hidden level, which, after long-term stagnation of energy, creates sickness or pathological process to that family or to their members."

"Today we are aware of the fact that any serious emotional trauma that happened in the past to you (or your parents) can have a significant affect on the continual state of your health."

People can also strongly suffer from emotional trauma inherited from parents who lived with hidden and unsolved **rejection**, with **concentration camp or refugee drama** or ancient separation during birth.

All this pervades the descendents and brings them in an emotional state, which they don't remember experiencing at all. We can frequently see how, in families, **children reflect their parents, as if they are looking in the mirror**. The characteristics that they have taken from their parents or some distant ancestor include the tendency toward depression, fear, self-criticism, lack of conscience, self-rejection, etc. It is therefore very clear that the emotional trauma is the main reason for bad health."

"Unfinished businesses within family can block and take away the energy. These can be various family secrets about family's conflicts, murders, war sufferings, rapes, religious intolerances, adultery, frauds, plunders, betrays, etc."

"By finishing the unfinished business a lot of life energy can being released."

"**Secrets and lies within the family** are very important, because the secrets, hidden thoughts and feelings are those that produce the unfinished business and knots. Very often almost whole family energy is spent to keep some secret on the safe place, so the members of the family hardly have strength for anything else in life."

Soul is a part of us, which connects our body (material aspect of our existence) and our spirit (our connection with spiritual). Soul is a part of us that is connected to emotions and in this way it knows all truths from the beginning to the end. It is not like mind which analyses, interprets, judges, synthesizes and babbles, babbles, babbles, etc It's medium is not a word but a picture.

A lot of things that determine our lives, happiness and health belong to those latent levels and it processes beyond the level of our consciousness. Not only does there exist a large subconscious part of us connected to our individual lives from the beginning until present moment, but also there exist a large part in that subconscious that is filled with various important elements from the whole evolution, from prehistoric human until today. As in some unimaginably big computer, tidily in our subconscious we have sorted files that possess all the emotionally important information from the prehistoric days until today.

This is known as *collective subconscious*.

Beside individual and collective subconscious, in subconscious part of us there exist one more "sector" in which are placed files that possess something that is called familiar subconscious. This is something that we inherit from our ancestors through our genetics. These are furthermore those "programs" in our lives that are often, automatically and unconsciously happening and determining our destiny. Therefore we, beside the color of our eyes or tendency toward epilepsy, inherit various kinds of feelings, tragedies, traumas, tempers, stresses, also the pain of midwife whose children are dying while giving them birth, the misfortune of their mother to whom they forbid to marry the love of her life, we also inherit the terror and fear of living in poverty (nevertheless of our temporary status).

"That is why we often notice within family, for example, five generations of lawyers or seven generations of doctors or four generations of alcoholics, suicides, schizophrenics, divorces, etc."

"If the children are the ones whose problems are involved, then the adequate people should work for them in the therapy as their parents or very close relatives."

It is important to learn what is right and what is wrong, in relationship with people. It is important to regret doing things that are bad. It is important to forgive to those who regretted. It is important to forgive to yourself. It is important to learn from mistakes. It is important to love your parents, your ex partners, your present partners, your children.

It is important to do good to people. It is important to do good to the children. It is important to support your children. The best that parents can do for their own children is to love the other half. Lack of this love may cause imbalances that will be felt through generations.

Dealing with symptoms is of little help.

The real cure means addressing causes!

Reference website: <http://curezone.com/dis/read.asp?C0=216>