

ORDERING INSTRUCTIONS

To purchase herbal remedies through our company, you can create an account [here](#) and receive a 25% discount if you choose to be an “Associate”. Nature’s Sunshine has many great incentives you will enjoy. They also provide a great deal of **FREE** educational material. You can ask me for help anytime or you can phone the customer service line at:

1-800-265-9163

Please contact **Nature’s Sunshine** for information on purchasing any of US products, via the **“Sunshine Direct Program”**: **1-800-342-4515**

To view the cross reference guides for the Canadian and US names of the remedies, please go to the [NSP Specials](#) page of our website.

We prefer to use these supplements because of their high quality. Click [here](#) to read about Nature’s Sunshine’s Quality Assurance. They are [NSF](#) certified. Please read more about why we use herbal remedies by clicking [here](#).

Supplement purchases can be made directly on the Nature’s Sunshine website using your credit card. The shipping fee is subsidized by the company therefore it is very affordable.

The herbal based formulas have great synergistic phyto-nutrients that are geared to balance specific body systems. Click here to read the [ABC+D Approach to Health](#) to understand why we focus on building up specific body systems in order to get a person’s health back in balance.

Click [here](#) to fill out the “Lifestyle Analysis” which will give you an idea of which of your “body systems” needs the most support. Follow the instructions carefully. It will give you some insight into which body systems need to “built up” or “cleansed”. You will also be given some examples of herbal remedies that help with these conditions.

Once you create an account with Nature’s Sunshine, you will have access to the “Fact Sheets” on each remedy. They are great educational tools that give you a brief history of the herbs, the complete ingredient list and a summary of the “Features and Benefits” of the remedy. You may also purchase a [FACT SHEET binder](#) for \$10.

To view remedies that are on sale each week, click [here](#).

For lifestyle and basic dietary improvements, please read my [Top 20 List](#) which is posted on the bottom right hand side of each page of our website. Learn more about "[Determining the Perfect Diet](#)".

Through our referral program you can make enough money to cover the cost of your own supplements. We will put your referrals under your name and you will earn commission off their purchases.

BOOKING SESSIONS & ONLINE CONSULTING

As part of our services, we can prepare a 3 month nutritional program designed specifically for you. The purpose of doing a 3 month program is to focus on balancing specific body systems so that your whole body begins to heal. Click here to read the [ABC+D Approach to Health](#) to understand why we focus on building up specific body systems in order to get a person's health back in balance.

Click [here](#) to view our **contact information**.

Click [here](#) to view all of our **services**.

Feel free to ask us questions anytime. Our goal is to support you on your "health journey".

Balanced Concepts Ltd.

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Join us on [Facebook](#).

"Knowledge is Power! The more knowledge we have, the more we can be empowered to take control of our health!"

"Every disease is a manifestation of energy blockages from: unhealed emotions, nutritional deficiencies, injuries or toxic overload. Energy cannot be created or destroyed; it simply manifests into different forms."