

# NSP DISCOUNT PACKAGE & ORDERING INSTRUCTIONS

Click [here](#) to view product specials. Nature's Sunshine regularly has products that go on sale.

Below are discount packages that Nature's Sunshine offers. The price of the "pak" is 5% less than buying the products individually.

## 1) [Adrenal Pak](#)

**Supports:** Glandular/Immune/Nervous Systems

**Product Code:** 12873-0

**Contents:**

[Adrenal Support](#)

[Liquid B12 Plus](#)

[RE-X](#)

Supporting your adrenal glands during times of stress is vital in overcoming the effects stress can have on your body. Adrenal Support is a specially formulated blend of vitamins, minerals, enzymes and adaptogenic herbs to support and strengthen the adrenal glands and support the body's ability to regulate stress. Vitamin B12 helps promote energy, maintain the nervous system, improve immune functions and buffer the effects of stress. RE-X is a sedative and tranquilizing formula designed to support the nervous system. Taken together, these three products provide a powerful punch in nutritionally supporting overworked adrenal glands.

## 2) [Digestion & Elimination Pak](#)



**Supports:** Intestinal/Digestive Systems

**Product Code:** 9227-3

**Contents:**

[LBS II](#)

[LOCLO](#)

[Garden Essence Plant Enzymes](#)

Proper digestion and elimination is the cornerstone of good health. LBS II is a gentle herbal laxative formula that supports the proper functioning of the intestinal system. LOCLO is a psyllium fibre supplement in a base of cruciferous vegetables to ensure an adequate daily intake of quality fibre. For trouble free digestion, Garden Essence is a full-spectrum plant enzyme supplement that aids in the digestion and assimilation of food.

### 3) General Nutrition Pak



**Promotes:** General Nutrition, Vital Nutrition  
**Supports:** Immune/Structural/Intestinal Systems  
**Product Code:** 9867-3

**Contents:**

[GreenZone Powder](#)  
[Liquid Chlorophyll 473 mL](#)  
[Super Vitamins & Minerals](#)

This combination of products provides the basis for healthful living. Super Vitamins & Minerals is a balanced formula of essential vitamins and minerals, including important trace minerals. GreenZone is full of nutrient-rich whole food goodness. "Green" foods are the most healthful foods nature has to offer. Not only do they help us sustain energy, they also boost the immune system, strengthen connective tissues and provide the body with the benefits of cleansing and detoxification. Liquid Chlorophyll is an invigorating drink made from the green pigment in plants.

### 4) Habit of Health Maintenance Pak

**The Habit of Health Pak consists of the following products:**

[Super Trio](#) - **Product Code:** 20-5  
[Garden Essence Plant Enzymes](#) - **Product Code:** 1643-9  
[Bifidophilus Flora Force](#) - **Product Code:** 4080-4  
[Liquid Chlorophyll](#) - **Product Code:** 1580-0  
[Zambroza](#) - **Product Code:** 4104-1

**Super Trio:**

Combines the benefits of Super Omega-3, Super Supplemental Vitamins and Minerals (no iron) and Super ORAC antioxidant formula.

- Provides the nutrients your body needs, simply and conveniently.
- Promotes health and vitality through adequate daily nutrition.
- Has a powerful oxidant-scavenging capacity.
- Provides essential daily nutrition in a convenient, easy-to-take, go-anywhere packet

**Garden Essence:**

Assists the digestion of all types of food, with the exception of dairy.

- Amylase metabolizes carbohydrates.

- Cellulase breaks down nondigestible fibre (cellulose).
- Glucoamylase metabolizes starches into glucose.
- Lipase digests dietary fats and oils in the stomach and small intestine.
- Pectinase breaks down pectin.
- Protease digests protein.
- Aromatic herbs stimulate the production of digestive fluids

### **Bifidophilus Flora Force:**

Overall intestinal health formula, safe to take day in and day out for both adults and children.

- Promotes proper digestion and elimination.
- Fights diarrhea and helps reduce the risk of developing diarrhea.
- Helps production of the B-complex vitamins and vitamin K in the intestinal tract.
- Improves immune system function.
- Helps maintain vaginal and urinary tract health.

### **Liquid Chlorophyll:**

- An overall body tonic.
- Enhances digestion and promotes bile flow.
- A natural deodorizer that helps fight bad breath.

### **Zambroza:**

Enhances the immune system and promotes overall health.

- Enhances and promotes energy.
- Has more than twice the antioxidant potential of its closest competitor.

## 5) [Healthy Home Enviro Pak](#)

### **Stop using toxic cleaning chemicals in your home!**

**Product Code:** 10565-1

#### **Contents:**

[NSP Concentrate](#)  
[Tea Tree](#), [Pine Needle](#), [Lavender](#) and [Lemon](#) essential oils  
[Aloe Vera Gel](#)

Environmentally friendly cleaning for a non-toxic home is provided in the Healthy Home Enviro Pak.

Combine the NSP Concentrate with Pine Needle for a great pine scent for your clean home or with Lemon oil for an uplifting invigorating scent. You can also combine the Concentrate with Tea Tree Oil to disinfect the areas in home that can breed bacteria. Aloe Vera Gel has skin-soothing and healing properties that are always a great addition to any home. Add Lavender for a great soothing effect or Tea Tree Oil to disinfect.

## 6) [Heart Pak](#)



**Promotes:** Vital Health

**Supports:** Circulatory/Immune Systems

**Product Code:** 10327-3

**Contents:**

[Ginkgo/Hawthorn](#)

[CoQ10](#)

[High Potency GraPine](#)

Heart Pak, as part of a heart-smart diet, nutritionally supports the entire circulatory system. CoQ10 nourishes and strengthens the heart muscle. Ginkgo/Hawthorn helps to boost circulation by opening tiny capillaries and keeps the heart's rhythm strong and healthy. High Potency Grapine contains grapeseed extract, a powerful antioxidant to quench heart-damaging free radicals.

## 7) [Immunity System Pak](#)



**Supports:** Immune/Circulatory Systems

**Product Code:** 9229-5

**Contents:**

[Olive Leaf Extract](#)

[Enviro D-T-X](#)

[High Potency Garlic](#)

Our immune system takes a beating every day from the toxic environment around us. This Pak is formulated to cleanse the body of toxins and support the immune system on a daily basis. Olive Leaf Extract disrupts the growth of bacteria and viruses and also stimulates the activity of important cells in the immune system that fight infection. Enviro D-T-X supports the five primary detoxifying organs: liver, kidneys, lungs, bowels and skin. High Potency Garlic nutritionally supports the immune and circulatory systems.

## 8) [Joint Relief Pak](#)

**Supports:** Structural System

**Product Code:** 10326-2

**Contents:**

[MSM](#)

[EverFlex Analgesic Cream](#)

This pack is specifically designed to help relieve muscle and joint pain. Everflex Cream has anti-inflammatory and pain-relieving effects. Its penetrating action provides temporary relief of aches and pains of muscles and joints associated with backache, lumbago, strains, bruises, sprains and arthritic or rheumatic pain, and pain of tendons and ligaments. MSM's traditional benefits include helping to reduce inflammation due to joint swelling and pain, strengthen connective tissues and maintain healthy joints, and increase circulation.

## 9) [Kids Pak](#)



**Promotes:** General Nutrition

**Supports:** Immune/Intestinal Systems

**Product Code:** 9783-8

**Contents:**

[Herbasaur's Chewable Bifidophilus](#)

[Herbasaur's Chewable Elderberry Plus](#)

[Herbasaur's Children's Chewable Multi Vitamins & Iron](#)

Adequate nutrition is never more crucial than during childhood. Nature's Sunshine has designed 3 great tasting supplements for children. Elderberry with reishi mushroom and astragalus creates a supplement that supports the immune system and is specially designed to help children overcome seasonal changes and upsets. Bifidophilus is a supplement that helps replenish friendly bacteria in the intestinal tract, improving overall health and helping to fight off disease-causing bacteria. Herbasaur's multi-vitamins contain twelve essential vitamins plus iron to give your child a nutritious start to each day.

## 10) [Menopause Pak](#)

**Supports:** Structural/Urinary/Glandular/Nervous Systems

**Product Code:** 9231-8

**Contents:**

[F.E. Formula](#) (Flash-Ease)

[SynerPro Calcium-Magnesium](#)

[Wild Yam & Chaste Tree](#)

Here are three health-enhancing products specifically suited to nutritionally support a woman through her change of life and lessen uncomfortable symptoms such as hot flashes, fatigue and mood swings. Calcium is essential to the health of bones, teeth and muscles, and plays an essential role in blood clotting and

nerve health. Magnesium activates more than 300 enzymes in the body and, with calcium, affects nerve and muscle functions. Receiving adequate calcium is important to prevent osteoporosis. F.E. Formula is a timed-release formula with standardized Black Cohosh extract. It also contains dong quai, a noted Chinese herb, to further support the glandular system. Wild Yam & Chaste Tree nourishes the female reproductive and glandular systems. It also benefits the urinary, nervous and respiratory systems.

## 11) [Stress & Energy Pak](#)

**Promotes:** Stress Management, Energy & Vital Nutrition

**Supports:** Structural/Nervous Systems

**Product Code:** 9228-7

**Contents:**

[Stress Formula](#)

[SynerPro Calcium-Magnesium](#)

[SynerProtein](#)

When you need to go further, be stronger and move faster, Nature's Sunshine's Stress & Energy pack has what your body needs. Calcium is essential to the health of bones, teeth and muscles, and plays an essential role in blood clotting and nerve health. Magnesium activates more than 300 enzymes in the body and, with calcium, affects nerve and muscle functions. Receiving adequate calcium is important to prevent osteoporosis. Stress Formula is a vitamin B-complex formula in a base of calming herbs to nutritionally support the nervous system when under stress. Each tablet also contains 400 mg of vitamin C to help quench free radicals and reduce overall stress on the body's systems. SynerProtein is a nutritious high-protein beverage with less than 1 gram of fat per serving. In addition to the health benefits of soy protein, SynerProtein also provides essential vitamins and minerals.

Click [here](#) for ordering instructions.

Feel free to ask us questions anytime. Our goal is to support you on your "health journey".

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